Pine Cobble School & WMAC Family Food Day Frolic 5K Road Race

Welcome runners to Pine Cobble School's Family Food Day Frolic 5K Road Race. The 5K Road Race will be Saturday, October 29, 2015 at 9:00 a.m., starting and ending at Pine Cobble School, located at 163 Gale Road, Williamstown, MA. All proceeds will benefit local food banks.

Complete and send entry form with payment to: Pine Cobble School, 163 Gale Rd, Williamstown, MA 01267. Make checks payable to Pine Cobble School. Or sign up and pay via credit card online at www.pinecobble.org. Please contact Amie Bui at a.bui@pinecobble.org or (413) 458-4680 x 16 with questions.

Registration fees include a T-shirt for each participant. Pre-Registration is until October 21, 2015, but race day

| registration is also available. [] \$15.00 - Individual entries [] \$30.00 - Two entries [] \$40.00 - Three entries [] \$50.00 - Four entries | | | | | |
|---|---|---|---|------------------------------------|--------------------------------|
| [] \$12.00 - Per participant for groups of five o | r more | | | | |
| Name of Family/Group: | | Total nu | mber of entries | | |
| Race Day registration starts at 8:15 a.m. Race Day | y registra | ation fees a | re \$17.00 per pers | son. | |
| ************************************** | | | | | |
| Name Street | | | Age | Sex | |
| Street City | ST | 7in | WMAC M | ember? | Yes / No |
| Phone | | | | | |
| Please enter me in the Family Food Day Road Race. I agree to assumparticipant of this event. In consideration of being accepted as an entrelease and discharge any and all sponsors of the Family Food Day Farising of, or incident to my participation in this event. I hereby certify permission for the use of my name and/or picture in any broadcast, pl | rant in this e Road Race f that I am ph | event, I hereby, from all claims, nysically fit and | for myself, my heirs, exe damages, rights of action have trained for competit | ecutors and admin, present or futu | nistrators, ire weather the |
| Signature | | | | | |
| Parent/Guardian Signature (if under 18) | | | | | _ |
| ************* | ***** | ***** | ***** | ***** | ***** |
| Name | | | | | |
| Street | | | | | |
| City | ST | Zip | WMAC M | ember? | Yes / No |
| Phone | | | Size: YM / YL / A | | |

Please enter me in the Family Food Day Road Race. I agree to assume all responsibility for and all risk of damage or injury that may occur to me as a participant of this event. In consideration of being accepted as an entrant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge any and all sponsors of the Family Food Day Road Race from all claims, damages, rights of action, present or future weather the arising of, or incident to my participation in this event. I hereby certify that I am physically fit and have trained for competition in this event. I also grant permission for the use of my name and/or picture in any broadcast, photograph or other account of this event.

| Signature | | | | |
|---|--|---|--|--|
| Parent/Guardian Signature (if under 18) | | | | |
| ************ | ***** | ***** | ***** | ****** |
| Name | | | Age | Sex |
| Street | | | | |
| City | ST_ | Zip | WMAC N | Member? Yes / No |
| Phone | | _ T-Shirt Size | e: YM / YL / | AS / AM / AL / AXL |
| Please enter me in the Family Food Day Road Race. I agree to as participant of this event. In consideration of being accepted as an release and discharge any and all sponsors of the Family Food Darising of, or incident to my participation in this event. I hereby cer permission for the use of my name and/or picture in any broadcas | entrant in this of ay Road Race rtify that I am pl | event, I hereby, for from all claims, dam nysically fit and hav | myself, my heirs, ex nages, rights of action trained for compe | recutors and administrators, on, present or future weather the |
| Signature | | | | |
| Parent/Guardian Signature (if under 18) | | | | |
| ************** | ****** | ****** | ****** | ****** |
| Name | | | _ Age | Sex |
| Street | | | | |
| City | ST | Zip | WMAC N | Member? Yes / No |
| Phone | | _ T-Shirt Size | e: YM / YL / | AS / AM / AL / AXL |
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| Signature | | | | |
| Parent/Guardian Signature (if under 18) | | | | |