

Join the Western Mass Athletic Club

The WMAC sponsors many different events. These events include, but are not limited to, road races, trail races, and snowshoe races. To see a list of our many events, visit our web site at http://runwmac.com/. Your membership helps make these events possible.

- Club members get together for group runs, track workouts, and walks. Other group runs are often suggested by members. Find out more by visiting our web site.
- There are group runs for every season, snowshoe adventures, guest speakers, and club parties.
- Membership benefits include Road Runner's Club of America membership with its newsletter and insurance benefits, discounts at sports stores, comraderie, and enjoying healthy outdoor activities.
- Recreational athletes of all abilities are welcome, as well as family and friends.
- Join the fun!

NOTICE: Change of addresses should be forwarded ASAP to the address below.

MEMBEI	RSHIP FORM (Check One):	NEW	RENEWAL					
NAME								
STREET					-			
CITY		STATE _	ZIP _					
TEL		DOB		_SEX				
EMAIL					_			
Interests	: Biking Cross-country skiing _	_ Canoeing	Hiking Rur	nning Swim	ming	Snowshoeing _	_ Mt. Bikinç	9
Fee: \$15	5.00 (check one) SINGLE	HOUSEHOL	.D					

Send form and fee to: WMAC

PO Box 356

Adams, MA 01220

Hotline info: (413) 743-5124, Web page: www.runwmac.com/index.html