Pisgah Mountain Trail Race September 13, 2009 50 and 23 Kilometers 8:45 AM Start Red Clover Rover Running Club

&

Fundraiser to Benefit NH Special Olympics

Directions: The course starts and finishes at the Chesterfield, NH Fire Station. From the West: Exit 3 off I-91 in Brattleboro, VT. Head East on Route 9 across the bridge into NH for 5.7 miles. Turn Right onto Route 63S for 1.2 miles to the Fire Station. From the East: from Keene, NH approximately 10 miles on Route 9 West, turn left onto Route 63S; same as above.

T-Shirts to the first 100 Entrants, refreshments & prizes for all!

Entry: Fee is \$35 received by 09-01-09 and prior race to day and Race Day Entry is \$40

Make checks payable to: RCR Mail payments to: RCR

C/O Gary Montgomery

58 Foley Road

Chesterfield, NH 03443

603-363-8420

Course Description: A scenic, mostly single track, moderately challenging course through New Hampshire's largest state park. The race course is marked and has four (4) manned and three (3) unmanned aid stations.

Check One: 50K 23K	Sex: F M Age
Shirt Size: S M	L XL
Name	
Address	
City	State Zip
Emergency Contact	
Tel. No	(Required)
sue, from an and all liability for my deatheft, or action of any kind as a result of following persons or entities: Gary and	on in this race and waive, release, discharge and agree not to ath, disability, personal injury, property damage, property of my participation in or travel to or from this event, the Christine Montgomery, event sponsors, event volunteers, the Dept., State of NH, their officers, directors, employees,
Signature	Date
Parent Signature if under 18	Date