Boston, MA -- Only weeks prior to the infamous R.R.A. Marathon. One time Olympic Trials Qualifier and 10 Km great Martin Speed ponders alone in the Marriot Hotel...
"...I'm here a week now, waiting for a mission, getting softer. Every minute I stay in this room I get weaker, and every minute the idiots run through the woods they get stronger. Each time I looked around the walls moved in a little tighter...."

Images overwhelm of Kung Fu in a G-string, flames bursting around busted glass drunken with sin spinning ceiling fans and the same old Doors song blaring away non-stop in the background.
"...Everyone gets everything he wants... I wanted a mission, and for my sins they gave me one, brought it up to me like room service..."

Two lean sub 30 minute 10km types from the Road Running Alliance pound on the door, pulling Speed out of this misery called non-running. They gave it too him full strength...
"You're going to the worst place in the world and don't even know it yet. Weeks away and hundreds of miles down a river and over mountains that snake through the passes like a main circuit cable, plugged straight into TRN."

An amber beverage was poured from a rusty brown bottle with Savoy Trail Ale ground into the label.
"I don't know how you feel about home-brew, but if you'll drink this you'll never have to prove your courage again!"

Then the question Speed had been waiting for...
"You’ve heard of TRN?"
"Yeah, Trail Running News, Right?"
"The operations and special forces division out of the RRA monitored this out of the Berkshires, specifically a lost forsaken place called Savoy, and this has been verified as the voice of one called "Farmer", .TRN's misfit self appointed head ramrod."

And Speed heard for the first time the ramblings of this one time pseudo legend of trail running / writing...
"I watched a snail crawl along the edge of a straight razor, and I became that snail. Then the ridges of the Metacomet Range became the razor... that's my dream... that's my nightmare... crawling, slithering - along the edge of a straight razor - and surviving!!"
"The TRN group were some of the most outstanding trailrunners this area ever produced. They were brilliant, outstanding, in every way. Occasional top ten finishes, hard to the core, blasted up hills like they were running down. They began a newsletter though.... and soon after that their ideas, their methods, became... unsound."
"Now they have crossed into CT, an army of like-minded misfits. This bunch is bad for running, and for trail running in particular. They are all mixed up, their priorities are confused... the worse a run is, the more they enjoy it. They seem to take a perverted pleasure in running events where only a few others show up, and then spew on and on in their lame piece of dung newsletter about how fantastic it all was as they plodded along in swamps and glare ice at 20 minute per mile pace. They don't even look like runners. One guy in particular, Old Goat, wears shorts in sub freezing temperatures and makes such a mockery out of distance running... he drives two or three hours to an event only to run the 5 km race, where he goes out like a rabbit only to walk the center parts. Others write about flying moose, discovering water falls and boulders, women's toenails, why they couldn't complete a race or trilogy, post race food quality and quantity.... this can't be healthy for running!! Where is the age old adage of win at all cost and any expense? These idiots could care less about winning, it will destroy running as we know it!!"
"In this sport, things get confused. Power, ideals, morality. But out there with these followers - it must be a temptation because there is a conflict in every human heart between the rational and irrational, between good and evil.

Every man has got a breaking point, you and I have them. TRN has reached their's, it's very obvious they've gone insane."
"Your mission is to travel to Western Mass, along the Mohawk Trail. Then proceed down river along the Metacomet Range, pick up the path in CT, follow it and learn what you can along the way. When you find them, infiltrate TRN by whatever means available and terminate the command."
"Terminate?" said Speed.
"They are out there operating without any decent restraint totally beyond the realm of any acceptable human conduct and they are still in the fields writing stories. Terminate with extreme prejudice. You understand that this mission does not exist, nor will it ever exist."

Farmer Ed - 04/01/98
It's Back! September 24 ${ }^{\text {th }}, 2006$

## Greylock Trail Marathon

To Benefit the Eleanor Sonsini Animal Shelter
A Single Loop Touring Beautiful Mt Greylock
Reservation. The Course Consist of Five Significant
Climbs and a Total Climb of 6,000 Feet.
For more info, mccarthy48@verizon.net

## TOTAL MILES \& BEST 20 MILE TIME

## 320 MILES

| Bob Dion | 2:35:49 |
| :---: | :---: |
| 300 MILES |  |
| Art Gulliver | 3:56:17 |
| Kevin Simons | 3:33:24 |
| 281 MILES |  |
| Bill Glendon | 3:38:16 |
| 280 MILES |  |
| Edward Alibozek | 2:54:15 |
| 269 MILES |  |
| Joe Gwozdz | 2:51:53 |
| 260 MILES |  |
| Richard Busa | 4:11:19 |
| Dan Danecki | 3:03:56 |
| Martin Glendon | 3:41:27 |

Ken Gulliver $\quad 3: 19: 41$

|  |  |
| :--- | :--- |
| Ken Clark |  |
| 240 MILES |  |
| Will Danecki | 2:40:49 |
|  | 3:21:42 |

## 224 MILES

Vic LaPort

## 200 MILES

Jeff Gould
3:06:59
198 MILES
Scott Bradley
184 MILES
Bruce Marvonek
180 MILES

| Sharisa Sterling | 3:13:35 |
| :--- | :--- |
| Bob Worsham | 3:27:54 |

160 MILES

| Todd Brown | 3:04:23 |
| :--- | :--- |
| John Carey | 3:01:41 |
| Peter Gagarin | 2:47:37 |
| Curt Pandisco | 3:08:06 |
| Steve Schiller | 2:43:05 |

## 149 MILES

James Preite 2:57:58
Sue Snyder
3:54:15

## 140 MILES

| Peter Keeney | $2: 37: 05$ |
| :--- | :--- |
| Peter Palmer | $2: 38: 45$ |
| Paul Rabenold | $2: 43: 49$ |
| Ken Swiatek | $3: 47: 37$ |
| Chip Tuthill | 3:53:02 |

TOTAL MILES \& BEST 20 MILE TIME
124 MILES
Scott Hunter
Fred Ross

Ed Alibozek Jr
120 MILES

| $\mathbf{1 2 0 ~ M I L E S ~}$ |  |
| :--- | :--- |
| Laura Clark | $5: 01: 04$ |
| Bill Donovan | $4: 12: 06$ |
| John Grenier | $3: 21: 31$ |
| Steve Jensen | $2: 59: 55$ |
| Dave Mingori | $2: 52: 45$ |
| Rex Miscovitch | $3: 35: 07$ |
| Peter Moore | $3: 03: 02$ |
| Fred Pilon | $2: 59: 01$ |
| Ken Rogers | $3: 36: 18$ |
| John Scalise | $3: 16: 12$ |
| Paul Vinci | $2: 59: 58$ |
| Dan Wagner | $3: 30: 27$ |
| Jeff Washburn | $3: 39: 50$ |

## 109MILES

Mark Syrett
4:28:15
107MILES
Paul Hartwig
3:44:18
104 MILES
Bill Friday 4:07:07
Deborah Livingston 3:01:35
Rob Scott
102MILES
Dek Stump
3:15:34
100 MILES

| David Boles |  |
| :--- | :--- |
| Greg Bruno | $3: 17: 04$ |
| Phil Bricker |  |
| Cynthia Buckley |  |
| Paul Funch | $3: 40: 54$ |
| Vic Goulet | $2: 54: 02$ |
| Dennis Hardacker | $3: 12: 05$ |
| Richard Homenick | $3: 14: 01$ |
| Grace Jensen | $3: 23: 58$ |
| Jason Kaffenberger | $3: 31: 26$ |
| Carol Kane | $3: 45: 45$ |
| Ed Kostak | $2: 44: 25$ |
| Alan Libardoni | $3: 35: 44$ |
| Roger Martell | $3: 58: 57$ |
| Diane McNamara | $3: 22: 46$ |
| Gary Montgomery | $3: 47: 08$ |
| Ben Nephew | $2: 25: 35$ |
| Steve Pero | $2: 51: 22$ |
| Dave Raczkowski | $3: 28: 55$ |
| Norm Richardson | $3: 09: 59$ |
| Dana Sumner | $3: 51: 21$ |
| Gotha Swann | $3: 45: 02$ |
| Jim Wight | $3: 30: 13$ |
| Randy Witlicki | $4: 34: 26$ |

## ACTIVE STREAK

1992-2005 14 CONSECUTIVE YEARS
Edward Alibozek
Bill Glendon

| 1993-2005 | 13 CONSECUTIVE YEARS |  |
| :---: | :---: | :---: |
| Richard Busa | Art Gulliver | Kevin Simons |
| 1994-2005 | 12 CONSECUTIVE YEARS |  |
|  | Ken Gulliver |  |
| 1995-2005 | 11 CONSECUTIVE YEARS |  |
| Ken Clark | Will Danecki | Joe Gwozdz |
| 1996-2005 | 10 CONSECUTIVE YEARS |  |
| Ed Alibozek Jr | Bob Dion | Bob Worsham |
| 1997-2005 | 9 CONSECUTIVE YEARS |  |
|  | Dan Danecki |  |
| 1998-2005 | 8 CONSECUTIVE YEARS |  |
| Todd Brown |  | Paul Hartwig |
| 1999-2005 | 7 CONSECUTIVE YEARS |  |
| Doug Cummings |  |  |
| 2000-2005 | 6 CONSECUTIVE YEARS |  |
| Laura Clark Brian McCarthy Ed Saharczewski |  | Dick Hoch <br> Justin McCarthy <br> Rob Scott |
| 2001-2005 | 5 CONSECUTIVE YEARS |  |
| Grace Jensen |  | Poncho Mach |
| 2002-2005 | 4 CONSECUTIVE YEARS |  |
| 2003-2005 | 3 CONSECUTIVE YEARS |  |
| Carolyn Danecki Charles Thayer |  | Nick Jubuk Randy Witlicki |

Errors of omissions? Send a note along to:

## SAVOY 20 CHAMPIONS 1998-2005

1988

Bob Willis
Diane McNamara
Bill O’Mara
Helga Lahoud
$\begin{array}{ll}\text { Rich Fargo } & 2: 32: 31 \\ \text { Sharon Murphy } & 4: 06: 13\end{array}$
Chuck Martin
2:33:31
Dot Helling
$\begin{array}{ll}\text { Neil Wheaton } & 2: 32: 49 \\ \text { Jennifer Schiller } & 3: 24: 25\end{array}$
Bob Dion
Marybeth Dadona
Howie Breinan
Diane McNamara
Robert Hoppler 2:28:52
Sheila Quinn
$\begin{array}{ll}\text { Tom Buckley } & 2: 35: 37 \\ 3.31: 42\end{array}$
Robin Hathaway
Bob Dion
2:40:39
Beth Herder
3:15:52
$\begin{array}{ll}\text { Keith Schmitt } & 2: 28: 42 \\ \text { Kim Ge } & 3: 03: 03\end{array}$
Kim Goff
3:03:03

Ben Nephew
2:28:43
Nikki Kimball
2:56:41
$\begin{array}{ll}\text { Ben Nephew } & \text { 2:32:07 }\end{array}$
Nikki Kimball
Ben Nephew
2:25:35
Amy Checkos 3:12:19
Leigh Schmitt 2:36:49
Sheryl Wheeler 3:11:44
David Herr 2:31:39
Pam Alexander 3:12:48
Bob Dion 2:53:13
Jennifer Brooks-Lassen 3:11:35
Dave Hannon
2:46:56
Kim Morgan

3:22:51

|  | SAVOY 4.5 CHAMPIONS 1994-2005 |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| $\mathbf{1 9 9 4}$ |  |  |  |  |
| $\mathbf{1 9 9 5}$ | JOHN NOLAN | $27: 58$ | SUSAN CANTO | $39: 30$ |
| $\mathbf{1 9 9 6}$ | JOE ZUSTRA | $27: 40$ | H. CAIRNS | $29: 53$ |
| $\mathbf{1 9 9 7}$ | RYAN SMITH | $25: 20$ | B. O’ DONNELL | $30: 25$ |
| $\mathbf{1 9 9 8}$ | BEN CHAFFEE | $26: 19$ | D. WENTWORTH 32:20 |  |
| $\mathbf{1 9 9 9}$ | BEN CHAFFEE | $26: 19$ | M. SMITH | $30: 44$ |
| $\mathbf{2 0 0 0}$ | B. DRAGON | $25: 43$ | S. NEPHEW | $32: 56$ |
| $\mathbf{2 0 0 1}$ | B. DRAGON | $25: 57$ | A. GWOZDZ | $36: 51$ |
| $\mathbf{2 0 0 2}$ | B. DRAGON | $25: 24$ | SARA COONS | $33: 23$ |
| $\mathbf{2 0 0 3}$ | G. PIISPANEN | $28: 23$ | D. LIVINGSTON | $31: 40$ |
| $\mathbf{2 0 0 4}$ | S. SUTLIFFE | $29: 04$ | JANINE MARR | $41: 34$ |
| $\mathbf{2 0 0 4}$ | KENT LEMME | $25: 52$ | L. STOCKER | $39: 14$ |
|  | KENT LEMME | $26: 17$ | L. STOCKER | $37: 04$ |

### 4.5 MILE AGE GROUP RECORDS

| 00-11 | '96 SEAN FRENCH | 31:24 |
| :---: | :---: | :---: |
|  | ‘97 ALYSIA SESSIONS | 40:52 |
| 12-15 | '99 BRYAN DRAGON | 25:43 |
|  | '96 DARA WENTWORTH | 33:38 |
| 16-19 | '96 RYAN SMITH | 25:20 |
|  | '96 BETH O’DONNELL | 30:25 |
| 20-29 | ‘96 SHANE MASON | 26:56 |
|  | '95 HILLARY CAIRNS | 29:53 |
| 30-39 | ‘04 KENT LEMME | 25:52 |
|  | '98 MELISSA SMITH | 33:44 |
| 40-49 | '99 GEOFFREY MATTER | 27:51 |
|  | '02 KATHY RINEHART | 31:43 |
| 50-59 | '99 JEFF PARKMAN | 28:50 |
|  | '01 ELAINE STUECKLE | 41:45 |
| 60-69 | '01 LARRY JOWETT | 36:20 |
| 70-79 | ‘97 LEON BEVERLY | 40:29 |
| 80-89 | ‘99 ROBERT KNOWLTON | 59:17 |


| 10 FASTEST 4.5 MILE TIMES / WOMEN |  |  |
| :--- | :--- | :--- |
|  |  |  |
| 01.HILLARY CAIRNS | 1995 | $\mathbf{2 9 : 5 3}$ |
| 02.BETH O'DONNELL | 1996 | $\mathbf{3 0 : 2 5}$ |
| 03.DEB LIVINGSTON | 2002 | $\mathbf{3 1 : 4 0}$ |
| 04.KATHY RINEHART | 2002 | $\mathbf{3 1 : 4 3}$ |
| 05.KARA BARBARLUNGA | 1996 | $\mathbf{3 2 : 1 3}$ |
| 06.DARA WENTWORTH | 1997 | $\mathbf{3 2 : 2 0}$ |
| 07.STEPHANIE NEPHEW | 1999 | $\mathbf{3 2 : 5 6}$ |
| 08.NAOMI LACASSE | 1995 | $\mathbf{3 3 : 0 7}$ |
| 09.SARA COONS | 2001 | $\mathbf{3 3 : 2 3}$ |
| 10.DARA WENTWORTH | 1996 | $\mathbf{3 3 : 3 8}$ |

10 FASTEST 4.5 MILE TIMES / MEN

| 01.RYAN SMITH | 1996 | $\mathbf{2 5 : 2 0}$ |
| :--- | :--- | :--- |
| 02.BRYAN DRAGON | 2001 | $\mathbf{2 5 : 2 4}$ |
| 03.BRYAN DRAGON | 1999 | $\mathbf{2 5 : 4 3}$ |
| 04.BEN CHAFFEE | 1999 | $\mathbf{2 5 : 4 9}$ |
| 05.KENT LEMME | 2005 | $\mathbf{2 5 : 5 2}$ |
| 06.BRYAN DRAGON | 2000 | $\mathbf{2 5 : 5 7}$ |
| 07.BRIAN CARLSON | 2001 | $\mathbf{2 6 : 1 3}$ |
| 08. KENT LEMME | 2005 | $\mathbf{2 6 : 1 7}$ |
| 09. BEN CHAFFEE | 1998 | $\mathbf{2 6 : 1 9}$ |
| 10. JOHN BLOUIN | 2001 | $\mathbf{2 6 : 2 1}$ |

## 20 MILE AGE GROUP RECORDS

| 12-15 | 1999 | TRISTAN SYRETT | 4:20:34 |
| :---: | :---: | :---: | :---: |
| 16-19 | 1998 | JASON REED | 3:02:58 |
|  | 1997 | K. BARBALUNGA | 3:37:14 |
| 20-29 | 2001 | BEN NEPHEW | 2:25:35 |
|  | 1999 | NIKKI KIMBAL | 2:56:41 |
| 30-39 | 1999 | KEITH SCHMITT | 2:29:39 |
|  | 1998 | KIM GOFF | 3:03:03 |
| 40-49 | 1993 | RICH SHULTEN | 2:36:01 |
|  | 1993 | PAM ALEXANDER | 3:12:48 |
| 50-59 | 1999 | PETER GAGARIN | 2:55:49 |
|  | 1997 | MARTI ANDERSON | 3:31:38 |
| 60-69 | 2000 | VIC LAPORT | 3:37:45 |
| 70-79 | 1998 | FRANK DOLEN | 4:27:41 |

## 10 FASTEST 20 MILE TIMES / WOMEN

| 01. NIKKI KIMBALL | '99 | $\mathbf{2 : 5 6 : 4 1}$ |
| :--- | :---: | ---: |
| 02. DEB LIVINGSTON | '99 | $\mathbf{3 : 0 1 : 3 5}$ |
| 03. KIM GOFF | '98 | $\mathbf{3 : 0 3 : 0 3}$ |
| 04. SHEILA QUINN | '95 | $\mathbf{3 : 0 3 : 4 1}$ |
| 05. NIKKI KIMBALL | '00 | $\mathbf{3 : 0 6 : 3 1}$ |
| 06. JEN BROOKS-LASSEN | '04 | $\mathbf{3 : 1 1 : 3 5}$ |
| 07. SHERYL WHEELER | '02 | $\mathbf{3 : 1 1 : 4 4}$ |
| 08. AMY CHECKOS | '01 | $\mathbf{3 : 1 2 : 1 9}$ |
| 09. PAM ALEXANDER | '03 | $\mathbf{3 : 1 2 : 4 8 ~}$ |
| 10. DEB LIVINGSTON | '03 | $\mathbf{3 : 1 4 : 1 3 ~}$ |



|  |  |  |
| :--- | :--- | :--- |
| 01. BEN NEPHEW | 01 | $\mathbf{2 : 2 5 : 3 5}$ |
| 02. KEITH SCHMITT | 98 | $\mathbf{2 : 2 8 : 4 2}$ |
| 03. BEN NEPHEW | 99 | $\mathbf{2 : 2 8 : 4 3}$ |
| 04. ROBERT HOPPLER | 95 | $\mathbf{2 : 2 8 : 5 2}$ |
| 05. KEITH SCHMITT | 99 | $\mathbf{2 : 2 9 : 3 9}$ |
| 06. DAVID HERR | 03 | $\mathbf{2 : 3 1 : 3 9}$ |
| 07. BEN NEPHEW | 00 | $\mathbf{2 : 3 2 : 0 7}$ |
| 08. TOM BUCKLEY | 98 | $\mathbf{2 : 3 2 : 2 9}$ |
| 09. RICH FARGO | 90 | $\mathbf{2 : 3 2 : 3 1}$ |
| 10. NEIL WHEATON | 92 | $\mathbf{2 : 3 2 : 4 9}$ |

Thank you Savoy Race Director's Past and Present -
Eddie Saharczewski 2004 \& 2005
Rich Alibozek 2002 \& 2003
Poncho and Ellen Mach 1988-2001

