

SAVOY 2005: PSYCHIC MYSTERIES CONTINUE...

First we had black Nike apparitions, then floating bicycles, then goblins in the forest floor ferns, and finally agent Dale Cooper investigating strange happenings that seem to spring up just before the Savoy race every year.

On a recent training run in Savoy while I was lost in thought I glanced over into a fern area. Something looked a little strange, but I didn't give it a second thought. Lots of things look strange when you're on a vision quest. A few miles later I looked into another fern growth area and actually stopped to see what it was about them that looked strange. Areas of them seemed to be pushed over as if something large had pressed down on them.

I walked over into the stand of ferns, making sure I didn't step on any mud snakes or other type of snakes hiding under those leaves. I was shocked out of my vision quest mental state when I realized that I was looking at a pattern in those ferns. The ferns had been pushed over and pressed down in a pattern! I'll be darned if this wasn't crop circles right here in the Savoy forest. From my vantage point I couldn't figure out what the pattern was even by walking around. Finally I saw a climbable tree and up I went to get an aerial view. From high in the tree something began to take shape, but I couldn't discern it. "Oops, I'm looking at it upside down I thought." I re-positioned my body, being careful not to fall, and when I finally had secured myself on a limb I looked down again. It looked familiar, but what was it? Some kind of animal? It was a bird! All of a sudden it clicked. It was a fern crop-circle picture of a Guinea Hen! What the heck?

Back down the tree and on with the vision quest run. Two miles later I came across another fern crop circle, and dispensed with trying to figure it out from the ground. Up the tree I went. When I had my vantage point to my surprise it was another bird, but a species not found in these parts. From my college minor in ornithology and discussions with Ben Nephew I recognized it as an "oxpecker" from the western plains, but what was it doing in Savoy?

On with the run. I kept looking for the next pattern, and in a mile and a half there it was. Up the tree, get a secure hold, look down. This time it was words, not a picture. It was two lines pressed out of the ferns. It read, "Lyme Disease? See Dr. Fred!" But what the heck did that mean? Who's Dr. Fred? What does he have to do with Lyme disease?

On the way back in I stopped to read the fern area that I had only glanced at on the way out. From my good vantage point in the tree I learned that it was a picture of a cat, and underneath it was the inscription "Henry." Now I was totally puzzled. Cats, birds, Lyme disease? How did it all fit together?

I drove to the little general store on route 116 to get coffee and while peering at the bulletin board saw the following on one of those little cards. "Animal Psychic – I talk to the animals." I would hire that psychic to interview forest animals to find out the mystery of those crop circles. I called her, and she assured me that not only could she talk to animals, she could actually read their minds. So even if they wouldn't cooperate by spilling

the beans, she could look at them through binoculars and read their minds.

I got her report about four days later. She said that "verbal" reports and mental readings of squirrels, chipmunks, deer, bobcats, woodpeckers, and an adolescent bear were all consistent. It seems that they had seen a naked man wearing only a buffalo skin loin cloth repeatedly come into the forest and create the patterns with a device he had made out of a board and a rope. "Well, what did he look like," I asked. The only image she could come up with, and that was from a psychic reading of the occipital cortex of a female deer, was a head that had hair like peach fuzz and big thick glasses. I thought of that escaped mental patient from Brattleboro, Vermont.

Then she added one more thing. She told me that on her explorations of the forest to interview animals she had come across one more fern pattern that I hadn't discovered. "What was it a picture of," I asked. She replied, "It wasn't a picture at all. You're not going to believe this. Maybe you know what it means because I certainly don't. It was words."

"What? What? Tell me." I said. She said, "I couldn't make it out at first because I just couldn't believe it. Then, by using your tree-climbing method, I read it without problem. Does the phrase, 'I love Miss Ellen' mean anything to you?"

WorShamer, Bob Worsham



Savoy Mountain Race Director Fran "Poncho" Mach, an inspiration for the Worsham's 2005 Savoy article, doing something he loves.

CHECK OUT WMAC AT:

WWW.RUNWMAC.COM

TOTAL MILES & BEST 20 MILE TIME

300 MILES
Bob Dion 2:35:49

280 MILES
Art Gulliver 3:56:17
Kevin Simons 3:33:24

277 MILES
Bill Glendon 3:38:16

260 MILES
Edward Alibozek 2:54:15

249 MILES
Joe Gwozdz 2:51:53

240 MILES
Richard Busa 4:11:19
Dan Danecki 3:03:56
Martin Glendon 3:41:27
Ken Gulliver 3:19:41

224 MILES
Vic LaPort 2:58:13

200 MILES
Ken Clark 2:40:49
Will Danecki 3:21:42
Jeff Gould 3:06:59

198 MILES
Scott Bradley 2:58:41

184 MILES
Bruce Marvonek 3:02:04

180 MILES
Sharisa Sterling 3:13:35

160 MILES
John Carey 3:01:41
Peter Gagarin 2:47:37
Curt Pandisco 3:08:06
Steve Schiller 2:43:05
Bob Worsham 3:27:54

149 MILES
James Preite 2:57:58
Sue Snyder 3:54:15

140 MILES
Todd Brown 3:04:23
Peter Palmer 2:38:45
Paul Rabenold 2:43:49
Ken Swiatek 3:47:37
Chip Tuthill 3:53:02

124 MILES
Scott Hunter 3:52:33
Fred Ross 3:44:52

TOTAL MILES & BEST 20 MILE TIME

120 MILES
Bill Donovan 4:12:06
Steve Jenson 2:59:55
Peter Keeney 2:37:05
Dave Mingori 2:52:45
Rex Miscovitch 3:35:07
Fred Pilon 2:59:01
John Scalise 3:16:12
Paul Vinci 2:59:58

118 MILES
Ed Alibozek Jr 3:53:17

104 MILES
Bill Friday 4:07:07
Deborah Livingston 3:01:35

102 MILES
Paul Hartwig 3:44:18
Dek Stump 3:15:34

100 MILES
David Boles 3:17:04
Phil Bricker 3:09:51
Cynthia Buckley 3:40:58
Laura Clark 5:01:04
Paul Funch 2:54:02
Vic Goulet 3:12:05
John Grenier 3:21:31
Dennis Hardacker 3:14:01
Jason Kaffenberger 3:31:26
Carol Kane 3:45:45
Ed Kostak 2:44:25
Alan Libardoni 3:35:44
Roger Martell 3:58:57
Diane McNamara 3:22:46
Gary Montgomery 3:47:08
Peter Moore 3:03:02
Steve Pero 2:51:22
Dave Raczkowski 3:28:55
Norm Richardson 3:09:59
Ken Rogers 3:36:18
Rob Scott 4:02:49
Dana Sumner 3:51:21
Gotha Swann 3:45:02
Dan Wagner 3:30:27
Jeff Washburn 3:39:50
Jim Wight 3:30:13

Thank you Savoy Race Director –

Eddie Saharczewski, 2004 & 2005

Thank you former Race Director's –

Poncho and Ellen Mach, 1988 - 2001
Rich Alibozek, 2002 & 2003

ACTIVE STREAK

1992 – 2004 13 CONSECUTIVE YEARS

Edward Alibozek Bill Glendon

1993 – 2004 12 CONSECUTIVE YEARS

Richard Busa Art Gulliver Kevin Simons

1994 – 2004 11 CONSECUTIVE YEARS

Ken Gulliver

1995 – 2004 10 CONSECUTIVE YEARS

Ken Clark Will Danecki Joe Gwozdz

1996 – 2004 9 CONSECUTIVE YEARSEd Alibozek Jr Bob Dion
Jim Preite Bob Worsham**1997 – 2004 8 CONSECUTIVE YEARS**

Dan Danecki

1998 – 2004 7 CONSECUTIVE YEARS

Todd Brown Paul Hartwig Claudine Preite

1999 – 2004 6 CONSECUTIVE YEARS

Doug Cummings Deb Livingston

2000 – 2004 5 CONSECUTIVE YEARS

Laura Clark	Dick Hoch
Brian McCarthy	Justin McCarthy
Vic LaPort	Dave Mingori
Chase Preite	Fallon Preite
Dave Raczkowski	Ed Saharczewski
	Rob Scott

2001 – 2004 4 CONSECUTIVE YEARS

Grace Jensen	Steve Jensen
Scott Livingston	Poncho Mach
Jack Pedigo	Virginia Pedigo
	Karen Pedigo

2002 – 2004 3 CONSECUTIVE YEARS

Shaun Sutcliffe

SAVOY 20 CHAMPIONS 1998 - 2004

1988BOB WILLIS 2:31:17
DIANE MCNAMARA 3:24:45**1989**BILL O'MARA 2:40:30
HELGA LAHOUD 3:28:51**1990**RICH FARGO 2:32:31
SHARON MURPHY 4:06:13**1991**CHUCK MARTIN 2:33:31
DOT HELLING 3:47:52**1992**NEIL WHEATON 2:32:49
JENNIFER GIROUARD 3:24:25**1993**BOB DION 2:35:49
MARYBETH DADONA 3:24:42**1994**HOWIE BREINAN 2:48:17
DIANE MCNAMARA 3:46:08**1995**ROBERT HOPPLER 2:28:52
SHEILA QUINN 3:03:41**1996**TOM BUCKLEY 2:35:37
ROBIN HATHAWAY 3:31:42**1997**BOB DION 2:40:39
BETH HERDER 3:15:52**1998**KEITH SCHMITT 2:28:42
KIM GOFF 3:03:03**1999**BEN NEPHEW 2:28:43
NIKKI KIMBALL 2:56:41**2000**BEN NEPHEW 2:32:07
NIKKI KIMBALL 3:06:31**2001**BEN NEPHEW 2:25:35
AMY CHECKOS 3:12:19**2002**LEIGH SCHMITT 2:36:49
SHERYL WHEELER 3:11:44**2003**DAVID HERR 2:31:39
PAM ALEXANDER 3:12:48**2004**BOB DION 2:53:13
JENNIFER BROOKS-LASSEN 3:11:35**CHECK OUT WMAC AT:**WWW.RUNWMAC.COM

SAVOY 4.5 CHAMPIONS 1994 - 2004

1994	JOHN NOLAN	27:58	SUSAN CANTO	39:30
1995	JOE ZUSTRA	27:40	H. CAIRNS	29:53
1996	RYAN SMITH	25:20	B. O' DONNELL	30:25
1997	BEN CHAFFEE	26:19	D. WENTWORTH	32:20
1998	BEN CHAFFEE	26:19	M. SMITH	30:44
1999	B. DRAGON	25:43	S. NEPHEW	32:56
2000	B. DRAGON	25:57	A. GWOZDZ	36:51
2001	B. DRAGON	25:24	SARA COONS	33:23
2002	G. PIISPANEN	28:23	D. LIVINGSTON	31:40
2003	S. SUTLIFFE	29:04	JANINE MARR	41:34
2004	KENT LEMME	25:52	L. STOCKER	39:14

4.5 MILE AGE GROUP RECORDS

00 – 11	'96 SEAN FRENCH	31:24
	'97 ALYSIA SESSIONS	40:52
12 – 15	'99 BRYAN DRAGON	25:43
	'96 DARA WENTWORTH	33:38
16 – 19	'96 RYAN SMITH	25:20
	'96 BETH O'DONNELL	30:25
20 – 29	'96 SHANE MASON	26:56
	'95 HILLARY CAIRNS	29:53
30 – 39	'04 KENT LEMME	25:52
	'98 MELISSA SMITH	33:44
40 – 49	'99 GEOFFREY MATTER	27:51
	'02 KATHY RINEHART	31:43
50 – 59	'99 JEFF PARKMAN	28:50
	'01 ELAINE STUECKLE	41:45
60 – 69	'01 LARRY JOWETT	36:20
70 – 79	'97 LEON BEVERLY	40:29
80 – 89	'99 ROBERT KNOWLTON	59:17

10 FASTEST 4.5 MILE TIMES / WOMEN

01.HILLARY CAIRNS	1995	29:53
02.BETH O'DONNELL	1996	30:25
03.DEB LIVINGSTON	2002	31:40
04.KATHY RINEHART	2002	31:43
05.KARA BARBARLUNGA	1996	32:13
06.DARA WENTWORTH	1997	32:20
07.STEPHANIE NEPHEW	1999	32:56
08.NAOMI LACASSE	1995	33:07
09.SARA COONS	2001	33:23
10.DARA WENTWORTH	1996	33:38

10 FASTEST 4.5 MILE TIMES / MEN

01.RYAN SMITH	1996	25:20
02.BRYAN DRAGON	2001	25:24
03.BRYAN DRAGON	1999	25:43
04.BEN CHAFFEE	1999	25:49
05.KENT LEMME	2004	25:52
06.BRYAN DRAGON	2000	25:57
07.BRIAN CARLSON	2001	26:13
08.BEN CHAFFEE	1998	26:19
09.JOHN BLOUIN	2001	26:21
10.CHRIS SUSSMAN	1998	26:26

20 MILE AGE GROUP RECORDS

12 – 15	1999 TRISTAN SYRETT	4:20:34
16 – 19	1998 JASON REED	3:02:58
	1997 K. BARBALUNGA	3:37:14
20 – 29	2001 BEN NEPHEW	2:25:35
	1999 NIKKI KIMBAL	2:56:41
30 – 39	1999 KEITH SCHMITT	2:29:39
	1998 KIM GOFF	3:03:03
40 – 49	1993 RICH SHULTEN	2:36:01
	1993 PAM ALEXANDER	3:12:48
50 – 59	1999 PETER GAGARIN	2:55:49
	1997 MARTI ANDERSON	3:31:38
60 – 69	2000 VIC LAPORT	3:37:45
70 – 79	1998 FRANK DOLEN	4:27:41

10 FASTEST 20 MILE TIMES / WOMEN

01. NIKKI KIMBALL	'99	2:56:41
02. DEB LIVINGSTON	'99	3:01:35
03. KIM GOFF	'98	3:03:03
04. SHEILA QUINN	'95	3:03:41
05. NIKKI KIMBALL	'00	3:06:31
06. JEN BROOKS-LASSEN	'04	3:11:35
07. SHERYL WHEELER	'02	3:11:44
08. AMY CHECKOS	'01	3:12:19
09. PAM ALEXANDER	'03	3:12:48
10. DEB LIVINGSTON	'03	3:14:13

10 FASTEST 20 MILE TIMES / MEN

01. BEN NEPHEW	01	2:25:35
02. KEITH SCHMITT	98	2:28:42
03. BEN NEPHEW	99	2:28:43
04. ROBERT HOPPLER	95	2:28:52
05. KEITH SCHMITT	99	2:29:39
06. DAVID HERR	03	2:31:39
07. BEN NEPHEW	00	2:32:07
08. TOM BUCKLEY	98	2:32:29
09. RICH FARGO	90	2:32:31
10. NEIL WHEATON	92	2:32:49